



FIRST SERVICE CAFÉ/BAR

When the new Clubhouse was opened in 2003 provision was made for Café and Bar facilities in the stunning new Club Room. Since that time the First Service Café has gone from strength to strength in providing a convivial environment for club members to enjoy good food and drink at highly competitive prices. In fine weather the external patio area overlooking the courts and the park provides one of the most attractive alfresco dining areas in town.

HOME COOKING

The Café, which is also open to the public, has established an enviable reputation for its emphasis on home made and locally sourced food. Indeed, Cornwall County Council has acknowledged the Café's achievements in this field by granting it a coveted Gold Award for promoting safe and healthy food. A sample menu is on the reverse.

CAFÉ/BAR HOURS

Café (serving food) and Bar open throughout the year
10 a.m. to 2.30 p.m. Monday to Saturday.
Bar open throughout the year Sundays 10 a.m. to 2.00 p.m. plus

Summer

Monday to Friday from 6.00 p.m.

Winter

Thursday and Friday 6.00 p.m. to 10.00 p.m.
In the busiest Summer months these hours are extended.

THE BAR

The Club has a full Licence and offers a selection of soft drinks, beers, wines and spirits at attractive prices.

Penzance Tennis Club, Penlee Park, Penzance TR18 4HE Telephone: 01736 367627

www.penzancetennisclub.co.uk

FIRST SERVICE CAFÉ/BAR WINTER MENU

The following items are available throughout our opening hours

HOT DRINKS

Freshly ground fair-trade coffees

Espresso	£0.80
Mug of coffee	£1.20
Latte	£1.40
Cappuccino	£1.50
Flat white	£1.00
Decaffeinated extra 10p	

Other hot drinks

Mug of Tea	£0.70
Hot Chocolate	£1.50
Herbal Teas	£0.80
Moncha coffee	£1.80

Home made cakes from 50p

THE FOLLOWING ARE AVAILABLE BETWEEN 12 NOON AND 2.00 P.M. ONLY

If you are on a low fat diet there are several suitable dishes on the menu and the specials board, plus an option of low fat dressings for salads. Please ask if you require guidance on this.

Children's portions are available on some items at half the marked price.

FOOD

Home made soup of the day with crusty bread	£3.00
Umpire's Lunch – cheddar cheese, pickle, salad garnish and bread	£3.20
A 'Lite' version of the above with cottage cheese instead of cheddar.....	£3.20
Greek salad – salad with feta, olives, onion and crusty bread	£4.25
Home made Quiche of the day with salad and bread	£4.50
Salmon and Dill fishcakes with salad and bread	£4.50
<i>A Choice of 3 Paninis with salad garnish</i>	
Ham and Cheddar.....	£3.50
Mozarella with Basil and Tomato Pesto	£3.20
Bacon and Brie	£4.00
Mixed Double – bacon, sausage, egg, hash brown, tomato and toast	£4.75
From the Net – Goujons of plaice, chips and salad garnish.....	£4.00
Portion of chips	£1.40
Portion of cheesy chips.....	£2.00

Check also for Daily 'Specials' from the Blackboards

We are fully licensed with our house wines from £2.00 per 125ml glass.

If eating outside please do not leave food unattended. Danger of low flying seagulls!